



STONELEES HEIGHTS COURSE

WHS HANDICAP TABLE From April 1st 2024

Heights Course - MEN'S White Tees

| PAR: 72 | | COURSE RATING™: 70.2 | | SLOPE RATING®: 128 | | | |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|--------------|----|
| Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | | |
| +5.0 to +4.2 | +7 | 10.0 to 10.8 | 10 | 25.0 to 25.8 | 27 | 40.0 to 40.8 | 44 |
| +4.1 to +3.3 | +6 | 10.9 to 11.7 | 11 | 25.9 to 26.7 | 28 | 40.9 to 41.7 | 45 |
| +3.2 to +2.4 | +5 | 11.8 to 12.6 | 12 | 26.8 to 27.6 | 29 | 41.8 to 42.6 | 46 |
| +2.3 to +1.6 | +4 | 12.7 to 13.5 | 13 | 27.7 to 28.5 | 30 | 42.7 to 43.5 | 47 |
| +1.5 to +0.7 | +3 | 13.6 to 14.3 | 14 | 28.6 to 29.3 | 31 | 43.6 to 44.4 | 48 |
| +0.6 to 0.2 | +2 | 14.4 to 15.2 | 15 | 29.4 to 30.2 | 32 | 44.5 to 45.2 | 49 |
| 0.3 to 1.1 | +1 | 15.3 to 16.1 | 16 | 30.3 to 31.1 | 33 | 45.3 to 46.1 | 50 |
| 1.2 to 2.0 | 0 | 16.2 to 17.0 | 17 | 31.2 to 32.0 | 34 | 46.2 to 47.0 | 51 |
| 2.1 to 2.9 | 1 | 17.1 to 17.9 | 18 | 32.1 to 32.9 | 35 | 47.1 to 47.9 | 52 |
| 3.0 to 3.7 | 2 | 18.0 to 18.8 | 19 | 33.0 to 33.8 | 36 | 48.0 to 48.8 | 53 |
| 3.8 to 4.6 | 3 | 18.9 to 19.6 | 20 | 33.9 to 34.6 | 37 | 48.9 to 49.7 | 54 |
| 4.7 to 5.5 | 4 | 19.7 to 20.5 | 21 | 34.7 to 35.5 | 38 | 49.8 to 50.5 | 55 |
| 5.6 to 6.4 | 5 | 20.6 to 21.4 | 22 | 35.6 to 36.4 | 39 | 50.6 to 51.4 | 56 |
| 6.5 to 7.3 | 6 | 21.5 to 22.3 | 23 | 36.5 to 37.3 | 40 | 51.5 to 52.3 | 57 |
| 7.4 to 8.2 | 7 | 22.4 to 23.2 | 24 | 37.4 to 38.2 | 41 | 52.4 to 53.2 | 58 |
| 8.3 to 9.0 | 8 | 23.3 to 24.1 | 25 | 38.3 to 39.1 | 42 | 53.3 to 54.0 | 59 |
| 9.1 to 9.9 | 9 | 24.2 to 24.9 | 26 | 39.2 to 39.9 | 43 | | |

SGMC Members Only MEN'S Competition Tees

| PAR: 72 | | COURSE RATING™: 69.4 | | SLOPE RATING®: 125 | |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|
| Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ |
| +5.0 to +4.5 | +8 | 24.5 to 25.4 | 25 | | |
| +4.4 to +3.6 | +7 | 25.5 to 26.3 | 26 | | |
| +3.5 to +2.7 | +6 | 26.4 to 27.2 | 27 | | |
| +2.6 to +1.8 | +5 | 27.3 to 28.1 | 28 | | |
| +1.7 to +0.9 | +4 | 28.2 to 29.0 | 29 | | |
| +0.8 to 0.0 | +3 | 29.1 to 29.9 | 30 | | |
| 0.1 to 0.9 | +2 | 30.0 to 30.8 | 31 | | |
| 1.0 to 1.8 | +1 | 30.9 to 31.7 | 32 | | |
| 1.9 to 2.8 | 0 | 31.8 to 32.6 | 33 | | |
| 2.9 to 3.7 | 1 | 32.7 to 33.5 | 34 | | |
| 3.8 to 4.6 | 2 | 33.6 to 34.4 | 35 | | |
| 4.7 to 5.5 | 3 | 34.5 to 35.3 | 36 | | |
| 5.6 to 6.4 | 4 | 35.4 to 36.2 | 37 | | |
| 6.5 to 7.3 | 5 | 36.3 to 37.1 | 38 | | |
| 7.4 to 8.2 | 6 | 37.2 to 38.0 | 39 | | |
| 8.3 to 9.1 | 7 | 38.1 to 38.9 | 40 | | |
| 9.2 to 10.0 | 8 | 39.0 to 39.8 | 41 | | |
| 10.1 to 10.9 | 9 | 39.9 to 40.7 | 42 | | |
| 11.0 to 11.8 | 10 | 40.8 to 41.6 | 43 | | |
| 11.9 to 12.7 | 11 | 41.7 to 42.5 | 44 | | |
| 12.8 to 13.6 | 12 | 42.6 to 43.4 | 45 | | |
| 13.7 to 14.5 | 13 | 43.5 to 44.3 | 46 | | |
| 14.6 to 15.4 | 14 | 44.4 to 45.2 | 47 | | |
| 15.5 to 16.3 | 15 | 45.3 to 46.1 | 48 | | |
| 16.4 to 17.2 | 16 | 46.2 to 47.0 | 49 | | |
| 17.3 to 18.1 | 17 | 47.1 to 48.0 | 50 | | |
| 18.2 to 19.0 | 18 | 48.1 to 48.9 | 51 | | |
| 19.1 to 19.9 | 19 | 49.0 to 49.8 | 52 | | |
| 20.0 to 20.8 | 20 | 49.9 to 50.7 | 53 | | |
| 20.9 to 21.7 | 21 | 50.8 to 51.6 | 54 | | |
| 21.8 to 22.6 | 22 | 51.7 to 52.5 | 55 | | |
| 22.7 to 23.5 | 23 | 52.6 to 53.4 | 56 | | |
| 23.6 to 24.4 | 24 | 53.5 to 54.0 | 57 | | |

Heights Course - MEN'S Yellow Tees

| PAR: 72 | | COURSE RATING™: 68.8 | | SLOPE RATING®: 123 | | | |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|--------------|----|
| Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | | |
| +5.0 to +4.9 | +9 | 9.9 to 10.7 | 8 | 25.5 to 26.3 | 25 | 41.1 to 41.9 | 42 |
| +4.8 to +4.0 | +8 | 10.8 to 11.6 | 9 | 26.4 to 27.2 | 26 | 42.0 to 42.9 | 43 |
| +3.9 to +3.1 | +7 | 11.7 to 12.5 | 10 | 27.3 to 28.2 | 27 | 43.0 to 43.8 | 44 |
| +3.0 to +2.2 | +6 | 12.6 to 13.5 | 11 | 28.3 to 29.1 | 28 | 43.9 to 44.7 | 45 |
| +2.1 to +1.2 | +5 | 13.6 to 14.4 | 12 | 29.2 to 30.0 | 29 | 44.8 to 45.6 | 46 |
| +1.1 to +0.3 | +4 | 14.5 to 15.3 | 13 | 30.1 to 30.9 | 30 | 45.7 to 46.5 | 47 |
| +0.2 to 0.6 | +3 | 15.4 to 16.2 | 14 | 31.0 to 31.8 | 31 | 46.6 to 47.4 | 48 |
| 0.7 to 1.5 | +2 | 16.3 to 17.1 | 15 | 31.9 to 32.7 | 32 | 47.5 to 48.4 | 49 |
| 1.6 to 2.4 | +1 | 17.2 to 18.0 | 16 | 32.8 to 33.7 | 33 | 48.5 to 49.3 | 50 |
| 2.5 to 3.3 | 0 | 18.1 to 19.0 | 17 | 33.8 to 34.6 | 34 | 49.4 to 50.2 | 51 |
| 3.4 to 4.3 | 1 | 19.1 to 19.9 | 18 | 34.7 to 35.5 | 35 | 50.3 to 51.1 | 52 |
| 4.4 to 5.2 | 2 | 20.0 to 20.8 | 19 | 35.6 to 36.4 | 36 | 51.2 to 52.0 | 53 |
| 5.3 to 6.1 | 3 | 20.9 to 21.7 | 20 | 36.5 to 37.3 | 37 | 52.1 to 53.0 | 54 |
| 6.2 to 7.0 | 4 | 21.8 to 22.6 | 21 | 37.4 to 38.3 | 38 | 53.1 to 53.9 | 55 |
| 7.1 to 7.9 | 5 | 22.7 to 23.6 | 22 | 38.4 to 39.2 | 39 | 54.0 to 54.0 | 56 |
| 8.0 to 8.9 | 6 | 23.7 to 24.5 | 23 | 39.3 to 40.1 | 40 | | |
| 9.0 to 9.8 | 7 | 24.6 to 25.4 | 24 | 40.2 to 41.0 | 41 | | |

SGMC Members Only WOMEN'S Competition Tees

| PAR: 72 | | COURSE RATING™: 72.7 | | SLOPE RATING®: 131 | |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|
| Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ |
| +5.0 to +4.5 | +5 | 24.9 to 25.7 | 30 | | |
| +4.4 to +3.7 | +4 | 25.8 to 26.5 | 31 | | |
| +3.6 to +2.8 | +3 | 26.6 to 27.4 | 32 | | |
| +2.7 to +1.9 | +2 | 27.5 to 28.2 | 33 | | |
| +1.8 to +1.1 | +1 | 28.3 to 29.1 | 34 | | |
| +1.0 to +0.2 | 0 | 29.2 to 30.0 | 35 | | |
| +0.1 to 0.6 | 1 | 30.1 to 30.8 | 36 | | |
| 0.7 to 1.5 | 2 | 30.9 to 31.7 | 37 | | |
| 1.6 to 2.4 | 3 | 31.8 to 32.6 | 38 | | |
| 2.5 to 3.2 | 4 | 32.7 to 33.4 | 39 | | |
| 3.3 to 4.1 | 5 | 33.5 to 34.3 | 40 | | |
| 4.2 to 5.0 | 6 | 34.4 to 35.1 | 41 | | |
| 5.1 to 5.8 | 7 | 35.2 to 36.0 | 42 | | |
| 5.9 to 6.7 | 8 | 36.1 to 36.9 | 43 | | |
| 6.8 to 7.5 | 9 | 37.0 to 37.7 | 44 | | |
| 7.6 to 8.4 | 10 | 37.8 to 38.6 | 45 | | |
| 8.5 to 9.3 | 11 | 38.7 to 39.5 | 46 | | |
| 9.4 to 10.1 | 12 | 39.6 to 40.3 | 47 | | |
| 10.2 to 11.0 | 13 | 40.4 to 41.2 | 48 | | |
| 11.1 to 11.9 | 14 | 41.3 to 42.0 | 49 | | |
| 12.0 to 12.7 | 15 | 42.1 to 42.9 | 50 | | |
| 12.8 to 13.6 | 16 | 43.0 to 43.8 | 51 | | |
| 13.7 to 14.4 | 17 | 43.9 to 44.6 | 52 | | |
| 14.5 to 15.3 | 18 | 44.7 to 45.5 | 53 | | |
| 15.4 to 16.2 | 19 | 45.6 to 46.4 | 54 | | |
| 16.3 to 17.0 | 20 | 46.5 to 47.2 | 55 | | |
| 17.1 to 17.9 | 21 | 47.3 to 48.1 | 56 | | |
| 18.0 to 18.8 | 22 | 48.2 to 48.9 | 57 | | |
| 18.9 to 19.6 | 23 | 49.0 to 49.8 | 58 | | |
| 19.7 to 20.5 | 24 | 49.9 to 50.7 | 59 | | |
| 20.6 to 21.3 | 25 | 50.8 to 51.5 | 60 | | |
| 21.4 to 22.2 | 26 | 51.6 to 52.4 | 61 | | |
| 22.3 to 23.1 | 27 | 52.5 to 53.3 | 62 | | |
| 23.2 to 23.9 | 28 | 53.4 to 54.0 | 63 | | |
| 24.0 to 24.8 | 29 | | | | |

Heights Course - WOMEN'S Yellow Tees

| PAR: 72 | | COURSE RATING™: 74.4 | | SLOPE RATING®: 132 | | | |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|--------------|----|
| Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | | |
| +5.0 to +4.2 | +3 | 10.4 to 11.2 | 15 | 25.8 to 26.6 | 33 | 41.2 to 42.0 | 51 |
| +4.1 to +3.4 | +2 | 11.3 to 12.0 | 16 | 26.7 to 27.4 | 34 | 42.1 to 42.8 | 52 |
| +3.3 to +2.5 | +1 | 12.1 to 12.9 | 17 | 27.5 to 28.3 | 35 | 42.9 to 43.7 | 53 |
| +2.4 to +1.7 | 0 | 13.0 to 13.7 | 18 | 28.4 to 29.1 | 36 | 43.8 to 44.6 | 54 |
| +1.6 to +0.8 | 1 | 13.8 to 14.6 | 19 | 29.2 to 30.0 | 37 | 44.7 to 45.4 | 55 |
| +0.7 to 0.0 | 2 | 14.7 to 15.4 | 20 | 30.1 to 30.9 | 38 | 45.5 to 46.3 | 56 |
| 0.1 to 0.9 | 3 | 15.5 to 16.3 | 21 | 31.0 to 31.7 | 39 | 46.4 to 47.1 | 57 |
| 1.0 to 1.7 | 4 | 16.4 to 17.2 | 22 | 31.8 to 32.6 | 40 | 47.2 to 48.0 | 58 |
| 1.8 to 2.6 | 5 | 17.3 to 18.0 | 23 | 32.7 to 33.4 | 41 | 48.1 to 48.8 | 59 |
| 2.7 to 3.5 | 6 | 18.1 to 18.9 | 24 | 33.5 to 34.3 | 42 | 48.9 to 49.7 | 60 |
| 3.6 to 4.3 | 7 | 19.0 to 19.7 | 25 | 34.4 to 35.1 | 43 | 49.8 to 50.5 | 61 |
| 4.4 to 5.2 | 8 | 19.8 to 20.6 | 26 | 35.2 to 36.0 | 44 | 50.6 to 51.4 | 62 |
| 5.3 to 6.0 | 9 | 20.7 to 21.4 | 27 | 36.1 to 36.8 | 45 | 51.5 to 52.3 | 63 |
| 6.1 to 6.9 | 10 | 21.5 to 22.3 | 28 | 36.9 to 37.7 | 46 | 52.4 to 53.1 | 64 |
| 7.0 to 7.7 | 11 | 22.4 to 23.1 | 29 | 37.8 to 38.6 | 47 | 53.2 to 54.0 | 65 |
| 7.8 to 8.6 | 12 | 23.2 to 24.0 | 30 | 38.7 to 39.4 | 48 | | |
| 8.7 to 9.5 | 13 | 24.1 to 24.9 | 31 | 39.5 to 40.3 | 49 | | |
| 9.6 to 10.3 | 14 | 25.0 to 25.7 | 32 | 40.4 to 41.1 | 50 | | |

Heights Course - WOMEN'S Red Tees

| PAR: 72 | | COURSE RATING™: 70.4 | | SLOPE RATING®: 127 | | | |
|-----------------|------------------|----------------------|------------------|--------------------|------------------|--------------|----|
| Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | Handicap Index® | Course Handicap™ | | |
| +5.0 to +4.4 | +7 | 9.9 to 10.7 | 10 | 25.1 to 25.8 | 27 | 40.2 to 41.0 | 44 |
| +4.3 to +3.5 | +6 | 10.8 to 11.6 | 11 | 25.9 to 26.7 | 28 | 41.1 to 41.9 | 45 |
| +3.4 to +2.6 | +5 | 11.7 to 12.5 | 12 | 26.8 to 27.6 | 29 | 42.0 to 42.7 | 46 |
| +2.5 to +1.7 | +4 | 12.6 to 13.4 | 13 | 27.7 to 28.5 | 30 | 42.8 to 43.6 | 47 |
| +1.6 to +0.9 | +3 | 13.5 to 14.3 | 14 | 28.6 to 29.4 | 31 | 43.7 to 44.5 | 48 |
| +0.8 to 0.0 | +2 | 14.4 to 15.2 | 15 | 29.5 to 30.3 | 32 | 44.6 to 45.4 | 49 |
| 0.1 to 0.9 | +1 | 15.3 to 16.1 | 16 | 30.4 to 31.2 | 33 | 45.5 to 46.3 | 50 |
| 1.0 to 1.8 | 0 | 16.2 to 16.9 | 17 | 31.3 to 32.1 | 34 | 46.4 to 47.2 | 51 |
| 1.9 to 2.7 | 1 | 17.0 to 17.8 | 18 | 32.2 to 33.0 | 35 | 47.3 to 48.1 | 52 |
| 2.8 to 3.6 | 2 | 17.9 to 18.7 | 19 | 33.1 to 33.9 | 36 | 48.2 to 49.0 | 53 |
| 3.7 to 4.5 | 3 | 18.8 to 19.6 | 20 | 34.0 to 34.7 | 37 | 49.1 to 49.9 | 54 |
| 4.6 to 5.4 | 4 | 19.7 to 20.5 | 21 | 34.8 to 35.6 | 38 | 50.0 to 50.8 | 55 |
| 5.5 to 6.3 | 5 | 20.6 to 21.4 | 22 | 35.7 to 36.5 | 39 | 50.9 to 51.6 | 56 |
| 6.4 to 7.2 | 6 | 21.5 to 22.3 | 23 | 36.6 to 37.4 | 40 | 51.7 to 52.5 | 57 |
| 7.3 to 8.0 | 7 | 22.4 to 23.2 | 24 | 37.5 to 38.3 | 41 | 52.6 to 53.4 | 58 |
| 8.1 to 8.9 | 8 | 23.3 to 24.1 | 25 | 38.4 to 39.2 | 42 | 53.5 to 54.0 | 59 |
| 9.0 to 9.8 | 9 | 24.2 to 25.0 | 26 | 39.3 to 40.1 | 43 | | |

WORLD HANDICAP SYSTEM



INSTRUCTIONS

- When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.
- Please make sure that the tees from which you are playing correspond with the tees for which this table applies.